

Teresa Rubio

'Searching for Inner Silence'



GREY COLLEGE

DURHAM UNIVERSITY



Teresa Rubio 'Searching for Inner Silence'

organised by Henry Dyson Fine Art



Saturday 8th June 2013 - Sunday 23rd June 2013
at Grey College, Durham University, South Road, Durham DH1 3LG

**"In the Silence there is Fullness
And in the Fullness there is Nothingness
And in the Nothingness there are all Things"**

Said of the Search for Inner Silence in a 17th Century Quaker meeting for worship
by an unknown Speaker

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Front Cover **Alguimia (Alchemy)**, 26.5 x 35 cm, Acrylic on paper, 2012

Foreword

It is a great pleasure to present an exhibition of art by the Mexican artist Teresa Rubio in Grey College Durham University. Most artists attempt to depict images of the external world around them as they see it. Teresa Rubio is engaged in the very difficult task of attempting to paint not only her outer life journey but also her inner psychological and spiritual search. This is an increasingly important quest for us all, living as we do in an ever more noisy and disturbing electronic world where images, words and external stimuli constantly bombard us with their invasive and addictive power.

To endeavour to paint images of such an abstract quest as Inner Silence is not an easy task but a very commendable one. It is courageous to 'lay one's soul bare' in this way for it involves the naked task of exposing the sensitive inner core of the Self in an adventurous and profound way. It is 'an experiment in depth' and therefore a perilous journey.

In my view Teresa Rubio has successfully met such a daunting challenge and the outcome is to be found in her contemplative paintings of great power and gentle beauty. In colour, tone, composition and form her images reveal great artistic skill and aesthetic pleasure. These silent images speak a language of their own but nevertheless one that can be shared.

The pictures, with their peaceful tranquillity have a jewel-like quality. Both the external and inner worlds perceived are imaginatively expressed in sharp focus whilst at the same time conveying a mystical appreciation of reality. There is a stillness and yet a creative dynamic tension in her work.

I am very grateful to Teresa Rubio for sharing the riches she has discovered in her search for inner silence and I hope the exhibition is seen and enjoyed by many.

Henry Dyson, Keeper of Fine Art in Durham University and Fellow of Grey College, June 2013

Introduction

This collection was created mainly during my stay in Grey College, Durham and Paris (from Autumn 2012 to Spring 2013). There are also some works created in Mexico last year. The exhibition reflects my searching for inner silence, a search for expressing inner experiences of wonder, peace and joy. This is why the Exhibition theme is "Searching for Inner Silence".

At times the inspiration comes from being in contact with nature and a great sense of expansion, perfection, unity and silence that comes with it; other times inspiration comes from an experience of deep connection with myself, from a place of inner silence.

Light, space, color and form... they are all blend within the abstraction to express the profound and intimate experience of my inner connection with God.



Teresa Rubio

Born in Mexico City in 1960, Teresa Rubio has been studying philosophy and culture of India since 1984 by means of courses and workshops in Mexico, the United States and India.

She has spent long periods of time in Europe over the past two decades. This has allowed her to further develop her artistic education through courses, workshops and visits to exhibitions, art galleries and museums.

She has participated in several visual arts workshops in Mexico, most notably at the ateliers of teachers Oscar Bachtold, Victor Guadalajara, Jorge Salort, Huáscar Taborga and Roger Von Gunten. Her art falls within the realm of abstract expressionism and uses different techniques such as watercolour, tempera, acrylic, collage, oil and encaustic.

Collective Exhibitions

She has held around thirty group shows in museums, cultural centres and art galleries in Mexico, such as the Alfredo Guati Rojo Watercolour Museum in Mexico City, the Muros Museum in Cuernavaca, the Museum of Watercolour of the State of Mexico in Toluca, the Museum of Sciences of the State of Morelos, Turbina Art Gallery in Tepoztlán and the Museum of the City of Cuernavaca, and abroad at the State-of-the Arts Gallery in Hong Kong, Galerie Espacio in Morges, Switzerland, Jadite Galleries in New York, USA and Casa de Arte in Buffalo, USA.

Solo shows

- 2008** "Pilgrimage" at the San Angel Cultural Centre, Mexico City, Mexico.
- 2009** "Insights" at The Consulate of Mexico in Hong Kong and Macao, The People's Republic of China.
"Vislumbres" at St. Paul's Fine Art Gallery, St. Paul's Corner, Macao, The People's Republic of China.
- 2011** "Perceptions", Embassy of Mexico in Japan, The Ministry of Foreign Affairs of México, Tokio, Japan.
- 2013** "Searching for inner Silence", Grey College, Durham University, Durham, England.

Distinctions

Her work has been distinguished at the Visual Arts State Salons in the states of Morelos and Mexico since 2005.

She was awarded second place in the Watercolour State Salon in Morelos in 2008 and the 2008 Tlacuilo, National Watercolour Prize granted by the Alfredo Guati Rojo National Watercolour Museum.



Fig. 1 **Encuentro Gozoso (Joyful Encounter)**,
14 x 8.5cm, Watercolour and tempera on rice paper,
2012

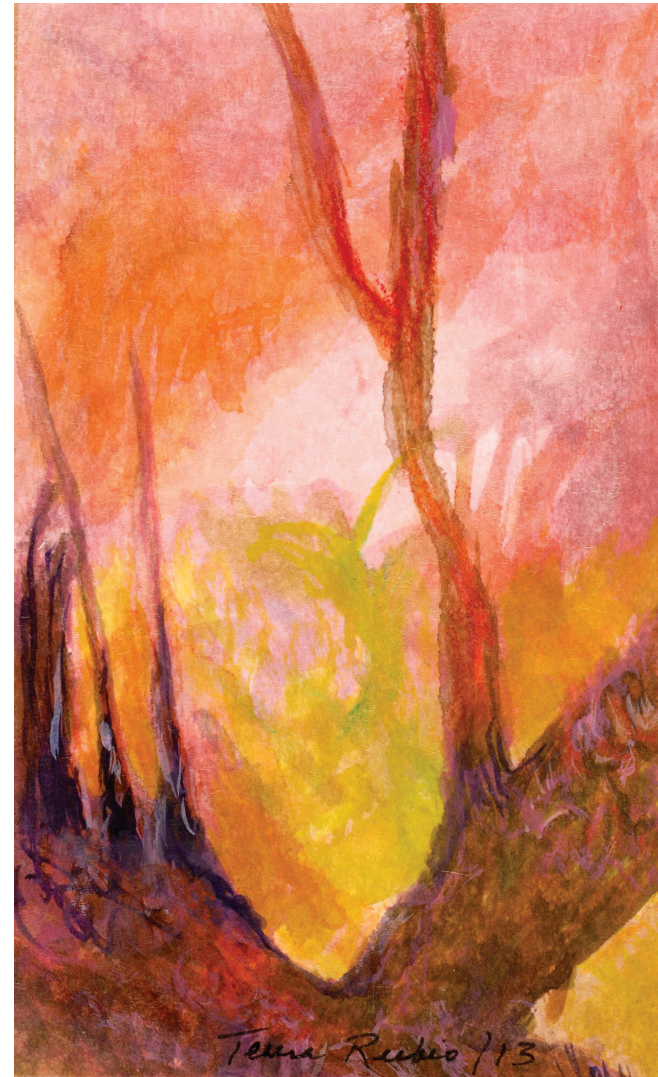


Fig. 2 **Luz Serena (Serene Light)**,
14 x 8.5cm, Watercolour and tempera on rice paper,
2013



Fig. 3 **Danza Silenciosa (Silent Dance)**,
19.5 x 12.5cm, Watercolour and tempera on rice paper, 2013



Fig. 4 **Vibración Apacible (Gentle Vibration)**,
19.5 x 12.5cm, Watercolour and tempera on rice paper, 2013



Fig. 5 **Suspiro (Sigh)**, 19.5 x 12.5cm,
Watercolour and tempera on rice paper, 2013



Fig. 6 **Evocación (Evocation)**, 24.5 x 21cm,
Acrylic on paper, 2013



Fig. 7 **Amanecer (Dawn)**, 11.5 x 8cm, Watercolour and tempera on rice paper, 2011

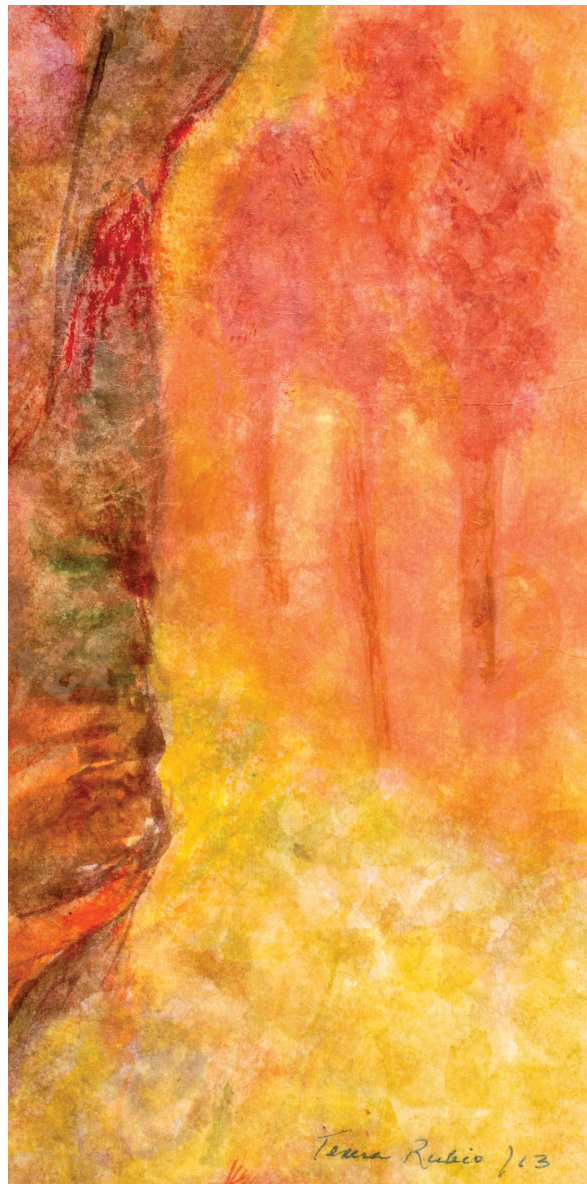


Fig. 8 **Sueños de Otoño (Autumn Dreams)**,
19 x 9.5cm, Watercolour and tempera on rice paper, 2013



Fig. 9 **Risa Interna (Inner Smile)**, 12.5 x 13cm, Watercolour and tempera on rice paper, 2012



Fig. 10 **Descubrimiento (Discovery)**, 14.5 x 8.5cm, Water-colour and tempera on rice paper, 2013



Fig. 11 **Etéreo (Ethereal)**, 19.5 x 13cm, Water-colour and tempera on rice paper, 2013



Fig. 12 **Despertar Sereno (Tranquil Awakening)**, 18.5 x 4cm, Watercolour and tempera on rice paper, 2013



Fig. 13 **Rocío (Mist)**, 12 x 10cm, Watercolour and tempera on rice paper, 2013



Fig. 14 **Asombro (Wonder)**, 12.5 x 19cm,
Watercolour and tempera on rice paper, 2013



Fig. 15 **Crepúsculo (Twilight)**, 19 x 8cm,
Watercolour and tempera on rice paper, 2013



Fig. 16 **Silencio Profundo (Deep Silence)**, 16 x 19cm,
Acrylic on paper, 2012

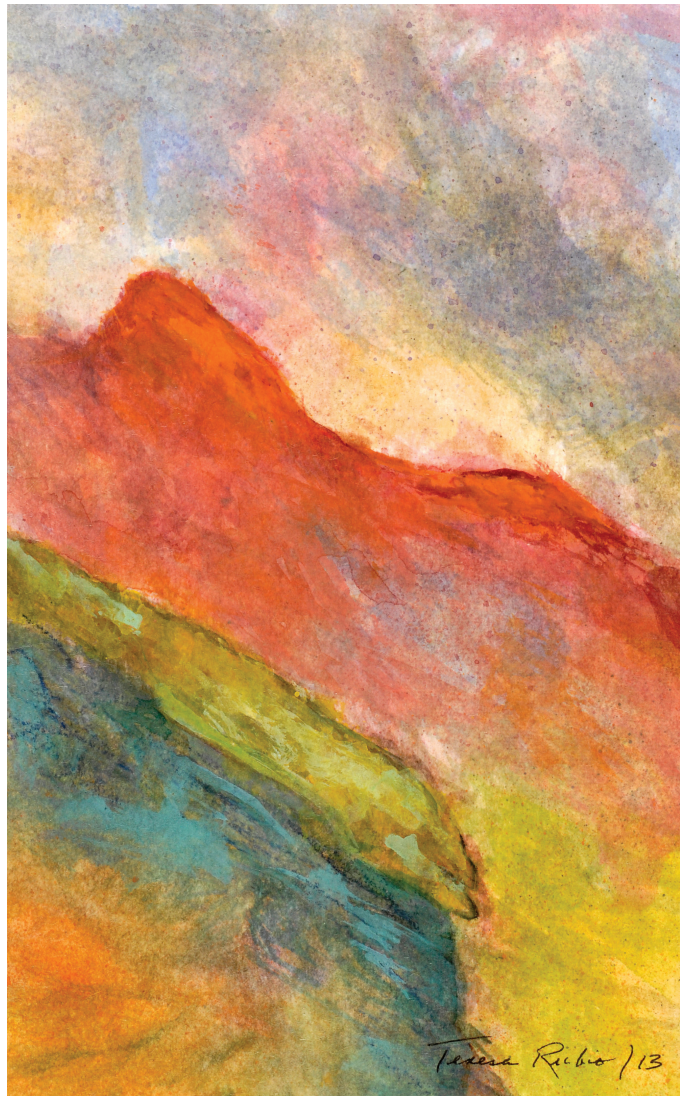


Fig. 17 **Lejanía (In the Distance)**, 19.5 x 12cm,
Watercolour and tempera on rice paper, 2013



Fig. 18 **Apertura (Openness)**, 14.5 x 8cm,
Watercolour and tempera on rice paper, 2013



Fig. 19 **Quietud Nocturna I (Stillness of the Night I)**,
26.5 x 17.5cm, Acrylic on paper, 2012



Fig. 20 **Quietud Nocturna II (Stillness of the Night II)**,
26.5 x 17.5cm, Acrylic on paper, 2012



Fig. 21 **Incandescencia (Incandescence)**,
32 x 26.5cm, Acrylic on paper, 2012



Fig. 22 **Sentimiento Profundo (Profound Feeling)**,
32 x 26.5cm, Acrylic on paper, 2012



Fig. 23 **Sutilezas (Subtleties)**, 70 x 50cm,
Acrylic on canvas, 2011

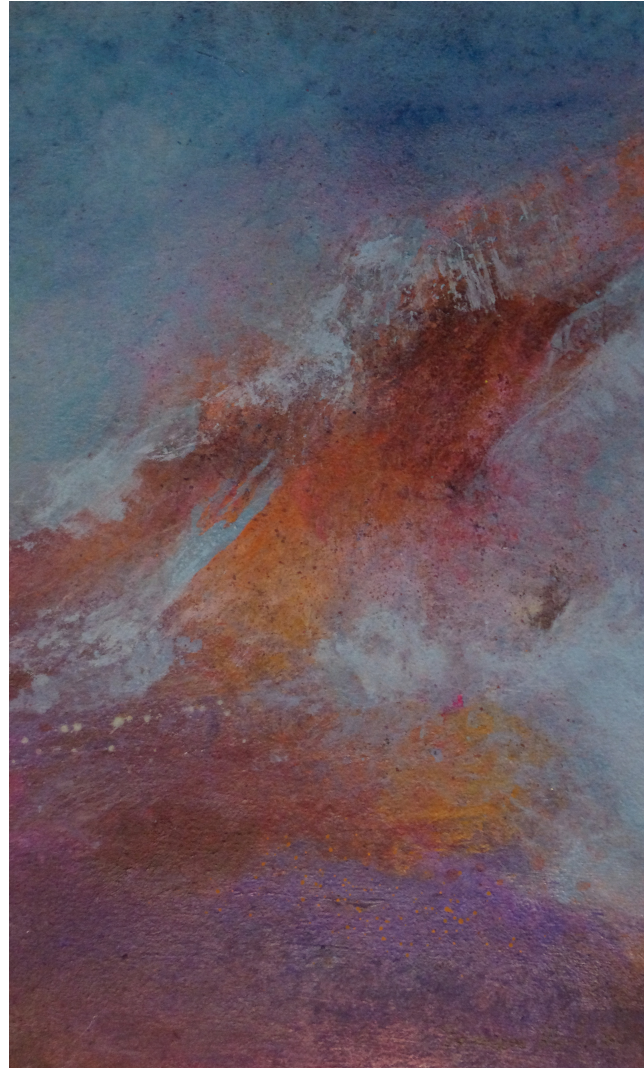


Fig. 24 **Evanescencia (Evanescence)**,
26 x 15.5cm, Acrylic on paper, 2012



Fig. 25 **Danza (Dance)**, 26.5 x 35cm,
Acrylic on paper, 2013



Fig. 26 **Reflexión (Reflection)**, 19.5 x 12.5cm,
Watercolour and tempera on rice paper, 2013



Fig. 27 **Impetu (Impetus)**, 26.5 x 35cm,
Acrylic on paper, 2013

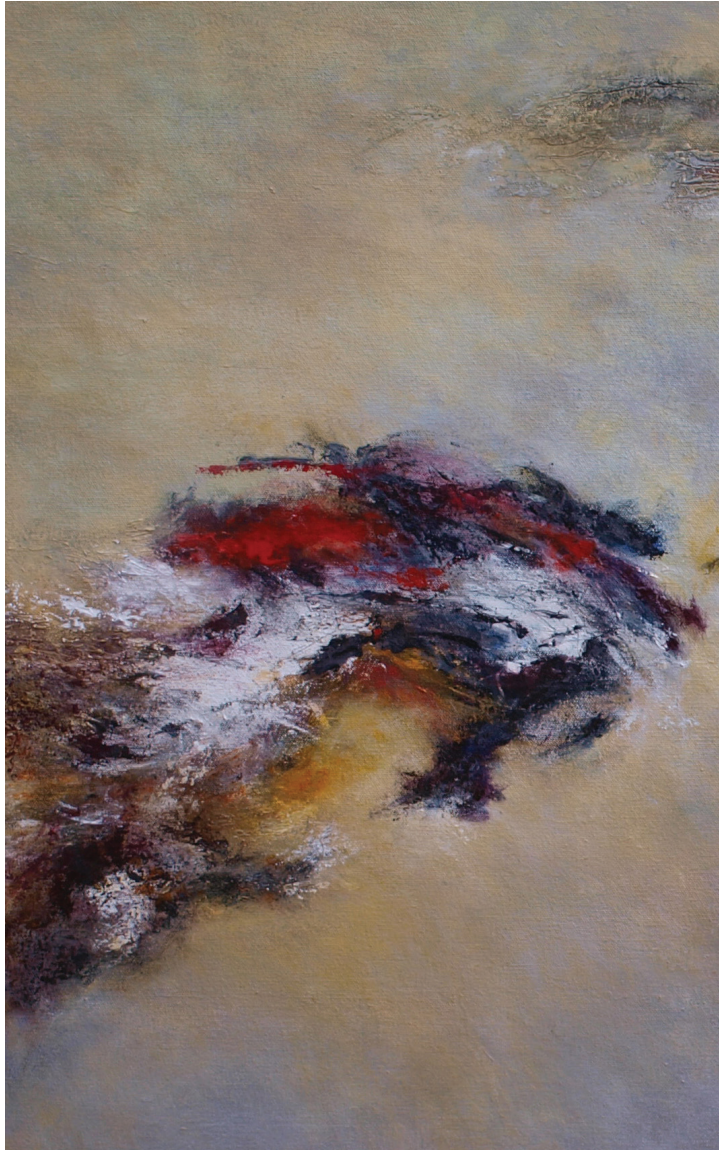


Fig. 28 **Permanencia I (Permanence)**, 70 x 45cm,
Diptych - Acrylic on canvas, 2010

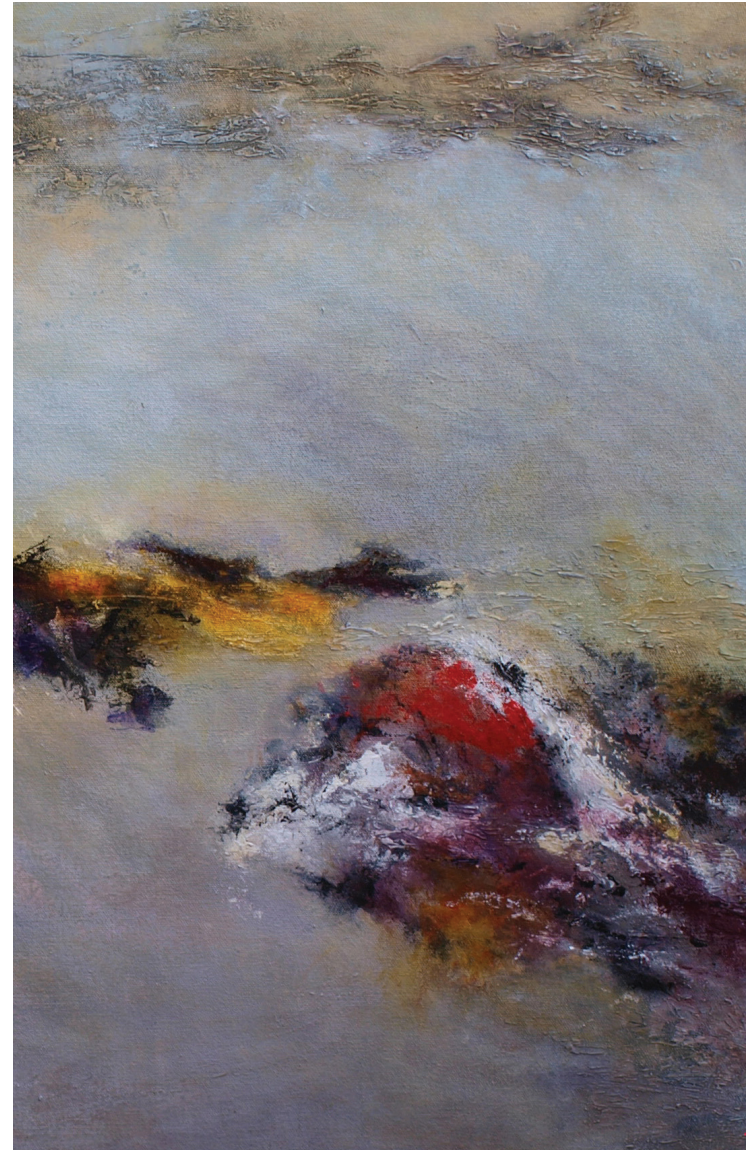


Fig. 29 **Permanencia II (Permanence)**, 70 x 45cm,
Diptych - Acrylic on canvas, 2010



Fig. 30 **Recuerdo de un Sueño (Dream Remembrance)**, 35 x 28cm,
Acrylic on paper, 2013



Fig. 31 **Meditación (Meditation)**,
12 x 10cm, Watercolour and tempera on rice paper,
2013



Fig. 32 **Anhelo (Yearning)**, 50 x 70cm,
Acrylic on canvas, 2012



Fig. 33 **Influencia (Influence)**, 65 x 53cm,
Acrylic on canvas, 2011



Fig. 34 **Resonancias (Reverberations)**, 40 x 40cm,
Acrylic on canvas, 2011

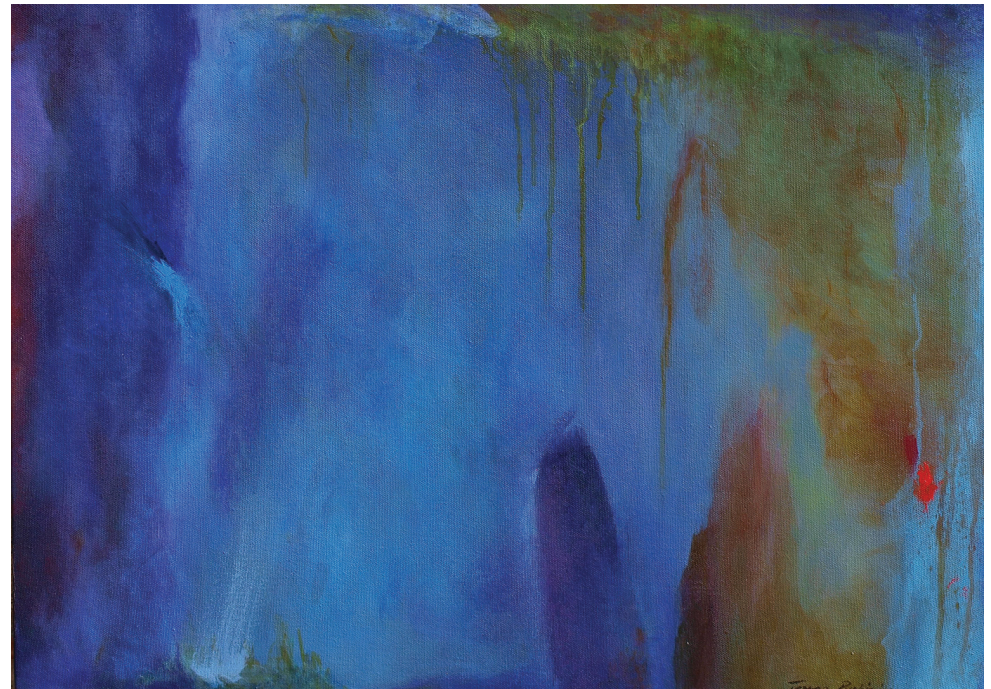


Fig. 35 **Presencia (Presence)**, 50 x 70cm,
Acrylic on canvas, 2012



Fig. 36 **Misterio (Mystery)**, 50 x 70cm,
Acrylic on canvas, 2012



Fig. 37 **Revelación**, 70 x 50cm,
Acrylic on canvas, 2012



Fig. 38 **Resplandor (Splendour)**,
26.5 x 35cm, Acrylic on paper, 2012



Fig. 39 **Caricia de Viento (Caress of the Wind)**,
12.5 x 19.5cm, Watercolour and tempera on rice paper, 2012