
Teresa Rubio

Mysterious Realms



T e r e s a R u b i o

M y s t e r i o u s R e a l m s

Mysterious Realms.

An Exhibition by Teresa Rubio held at Galleri International, Læsø Denmark July/ August 2014

It is a great pleasure to welcome the Mexican Artist Teresa Rubio to Galleri International on the island of Læsø Denmark. Teresa first visited the island during the summer of 2013 when she was able to encounter the isolated beaches, vast skies, spectacular sunsets, lush vegetation, tranquillity and ever changing seascapes at first hand. The unique beauty she has found here has inspired her to produce the body of work presented in this exhibition

Teresa has created her own authentic and unique response to Læsø. In my view her use of colour is Mexican but her Art is Universal. The paintings are not Representational but rather an Abstract response to her contemplative en-

counter with outer phenomena explored with vision and imagination, therefore they capture something of the 'spirit of place' from several perspectives resulting in a series of astonishingly beautiful images in acrylic and watercolour paint.

With a masterly use of paint, sensitive composition, tone, exquisite use of colour and jewel-like forms Teresa's pictures encourage the viewer to see the apparently hidden world of creative tension and aesthetic values inherent in Nature. The images are often a jewel-like treasure trove of challenging, imaginative, mysterious realms. All art is essentially abstract and Teresa's work is abstract painting at its best, in my view, for here the essence of things observed and intuited are presented in unfamiliar ways and what one thought of as familiar is suddenly seen as a refreshingly new and exciting discovery.

These are paintings based on the sensitive observation and serious reflection of what appears to lay beneath the surface of superficial reality.

Teresa approaches natural phenomena with open minded delight in the ever changing interplay of matter and energy, responding to it with heart, mind, eyes and hands before sharing her personal vision in paint. It is an essentially spiritual approach to artistic endeavour. With spontaneity and discipline her art is painstakingly produced with a painterly skill and accomplishment that is seemingly effortless. Teresa is an artist at the height of her powers.

We live in an age where style is increasingly valued above substance and the deeper realities are often left unexplored and neglected, Modern Art often mirrors this both unconsciously and deliberately. Teresa's art attempts

to plumb the depths and often mirrors contemporary Scientific thinking especially the ideas of multi dimensional reality.

Plato said - 'The unexamined life is not worth living'

Teresa Rubio's Art affirms her 'examined' life as an artist who is genuinely contemplating the deeper realities of Being and Becoming and expressing the results of her essentially mystical quest most successfully in her paintings.

I hope many viewers will appreciate Teresa's point of vision and imaginative charm and be inspired to explore new perspectives.

Henry Dyson.



"Faith" 2013
Acrylic on canvas
40 x 50 cm



"Swirl" 2013
Acrylic on canvas
28 x 36 cm



"Dawn" 2013
Acrylic on canvas
28 x 36 cm



"Dynamic power" 2013
Acrylic on canvas
60 x 70 cm



"Idyll" 2013
Acrylic on canvas
28 x 36 cm



"Evanescent" 2013
Acrylic on canvas
30 x 40 cm



"Inmersed" 2013
Acrylic on canvas
30 x 40 cm



"Glimpse" 2013
Acrylic on canvas
28 x 36 cm



"Magical insight" 2013
Acrylic on canvas
60 x 70 cm



"Soaring" 2013
Acrylic on canvas
28 x 36 cm



"Dreams of cosmos" 2013
Acrylic on canvas
38 x 28 cm



"Cosmic vision" 2013
Acrylic on canvas
36 x 28 cm



"Wonder" 2013
Acrylic on canvas
30 x 40 cm



"Summit" 2013
Acrylic on canvas
36 x 28 cm



"Mirage" 2013
Acrylic on canvas
40 x 30 cm



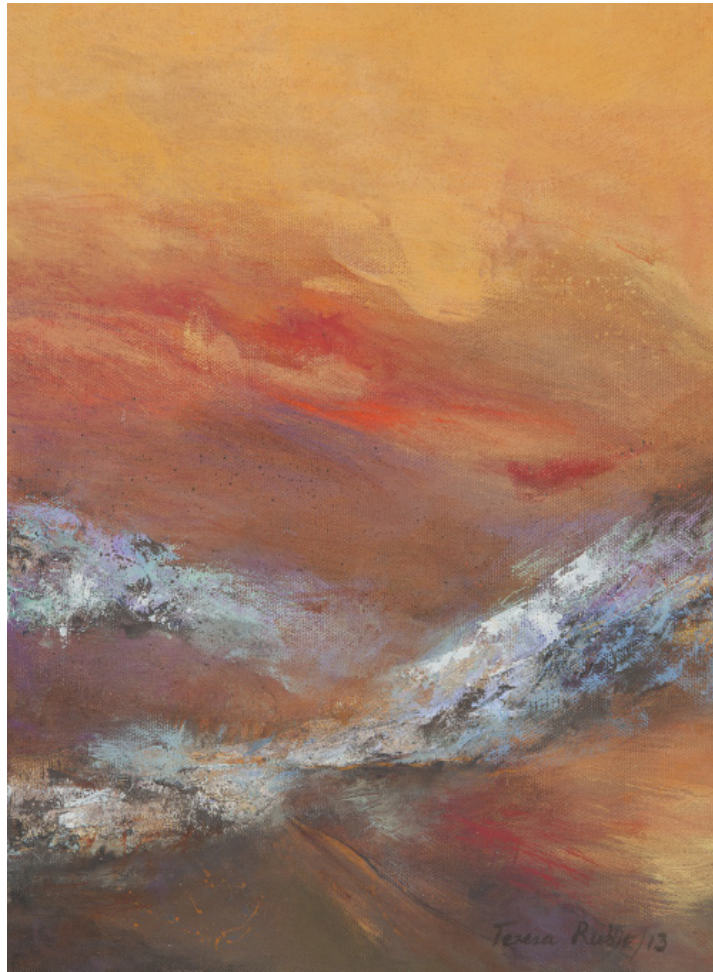
"Quiet depth" 2013
Acrylic on canvas
28 x 36 cm



"Beams" 2013
Acrylic on canvas
30 x 40 cm



"Sounds of the ocean" 2013
Acrylic on canvas
36 x 28 cm



"Bridge" 2013
Acrylic on canvas
40 x 30 cm



"Inlets of the soul" 2013
Acrylic on canvas
40 x 50 cm

Teresa Rubio



Born in Mexico City in 1960, Teresa Rubio has been studying philosophy and culture of India since 1984 by means of courses and workshops in Mexico, the United States and India.

She has spent long periods of time in Europe over the past two decades. This has allowed her to further develop her artistic education through courses, workshops and visits to exhibitions, art galleries and museums.

She has participated in several visual arts workshops in Mexico, most notably at the ateliers of teachers Oscar Bachtold, Victor Guadalajara, Jorge Salort and Roger Von Gunten. Her art falls within the realm of abstract expressionism and uses different techniques such as watercolour, tempera, acrylic, collage, oil and encaustic.

Collective exhibitions

She has held around thirty group shows in museums, cultural centres and art galleries in Mexico, such as the Alfredo Guati Rojo Watercolour Museum in Mexico City, the Muros Museum in Cuernavaca, the Museum of Watercolour of the State of Mexico in Toluca, the Museum of Sciences of the State of Morelos, Turbina Art Gallery in Tepoztlán and the Museum of the City of Cuernavaca, and abroad at the State-of-the Arts Gallery in Hong Kong, Galerie Espacio in Morges, Switzerland, Jadeite Galleries in New York, USA and Casa de Arte in Buffalo, USA.

Distinctions

Her work has been distinguished at the Visual Arts State Salons in the states of Morelos and Mexico since 2005.

She was awarded second place in the Watercolour State Salon in Morelos in 2008 and the 2008 Tlacuilo, National Watercolour Prize granted by the Alfredo Guati Rojo National Watercolour Museum.

Solo shows

- 2008** "Pilgrimage" at the San Angel Cultural Centre, Mexico City, Mexico.
Insights" at The Consulate of Mexico in Hong Kong and Macao, The People's Republic of China.
- 2009** "Vislumbres" at St. Paul's Fine Art Gallery, St. Paul's Corner, Macao, The People's Republic of China.
- 2011** "Perceptions", Embassy of Mexico in Japan, The Ministry of Foreign Affairs of México, Tokio, Japan.
- 2013** "Searching for inner Silence", Grey College, Durham University, Durham, England.
- 2014** "Mysterious Realms" Henry Dyson Fine Art, Galleri International, Læsø, Denmark.



**HENRY DYSON FINE ART,
GALLERI INTERNATIONAL, LÆSØ, DENMARK**

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